

30 Day Supply

90 Tablets

Serving Size: 3 Tablets

Servings per Container: 30

Recommended Intake: As a dietary supplement, take 3 tablets daily.

	Amount per Serving	%DV
Vitamin A (Retinyl Palmitate, 66.7% as d-Saliva Beta Carotene and Alpha Carotene)	7500 iu	150
Vitamin C (as Calcium Ascorbate)	75 mg	125
Vitamin D (as Cholecalciferol)	2000 iu	500
Vitamin E (as d-Alpha Tocopherol)	200 iu	667
Thiamin (as Thiamin Mononitrate)	40 mg	2667
Riboflavin (Vitamin B2)	25 mg	1470
Niacin (as Niacinamide)	40 mg	200
Vitamin B6 (as Pyridoxine)	40 mg	2000
Folic Acid	400 mcg	100
Vitamin B12 (as Cyanocobalamin)	40 mcg	667
Biotin	300 mcg	100
Pantothenic Acid (as d-Calcium Pantothenate)	40 mg	400
Calcium (as Calcium Citrate)	200 mg	20
Iodine (as Potassium Iodide)	150 mcg	100
Magnesium (as Magnesium Amino Acid Chelate, Citrate, and Glycinate)	100 mg	25
Zinc (as Zinc Amino Acid Chelate and Citrate)	15 mg	100
Selenium (as Selenomethionine)	200 mcg	285
Copper (as Copper Amino Acid Chelate)	1 mg	50
Manganese (as Manganese Amino Acid Chelate and Gluconate)	5 mg	250
Chromium (as Chromium Picolinate)	100 mcg	83
Molybdenum (as Molybdenum Amino Acid Chelate)	50 mcg	67
Boron (as Boron Amino Acid Chelate)	2 mg	**
Vanadium (as Valadyl Sulfate)	20 mcg	**
Citrus Bioflavonoids	25 mg	**
Choline (as Choline Bitartrate)	10 mg	**
Inositol	10 mg	**
Grape Seed Extract ( <i>Vitis vinifera</i> ) (seed)	10 mg	**
Co Enzyme Q10	7.5 mg	**
Alpha Lipoic Acid	20 mg	**
N-Acetyl L-Cysteine	30 mg	**
Reservatrol ( <i>Vitis Vinefera</i> fruit) ( <i>Polygonum Cuspidatum</i> Root)	2 mg	**
Lutein	1 mg	**
Zeaxanthan	250 mcg	**
Astaxanthan	250 mcg	**
Lycopene	350 mcg	**
Tocotrienols	100 mcg	**
d-Beta Tocopherol	1.5 mg	**
d-Gamma Tocopherol	19 mg	**
d-Delta Tocopherol	9 mg	**

See the product label for complete ingredients listing and indications.

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**Orenda Immune™ Proprietary Blend:** 137.5 mg \*\*  
Calcium d-Glucarate, Lactobacillus fermentum extract, Oat Beta Glucan

**Young and Active™ Herbal Blend:** 200 mg \*\*  
Prickly Pear extract (*Opuntia ficus-indica*) (leaf).  
Asparagus extract (*Asparagus officinalis*)(root).

**Other Ingredients:** Stearic Acid, Cellulose, Modified Cellulose, Maltodextrin, Silicon Dioxide,  
Titanium Dioxide, Natural Vanilla, Magnesium Stearate.

**Contains soy ingredients.**

Percent Daily Values based on a 2000 calorie diet. \*\*Daily Value (DV) not established. 0210

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